

Bodmin dementia-friendly walking group

more
amble
than
ramble!

Monday afternoons
(alternate weeks)

Where? A variety of short walks
in the Bodmin area

Come and join our next walk:

12th June 2:30 – 4:30

Hellandbridge

Meet in car park by Camel Trail,
PL30 4QR

26th June 2:30 – 4:30

Bodmin Beacon

Meet in main car park on
Beacon Road, PL31 1

“It’s so good to be
part of a group that
don’t judge you because
they care - they live
with dementia too”

*Clays walking
group member*

For more details

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Creative Spaces in the Community supports people living with dementia, their families and carers in rural communities in Cornwall.

free
dementia-
friendly
activity

Creative Spaces
in the community

